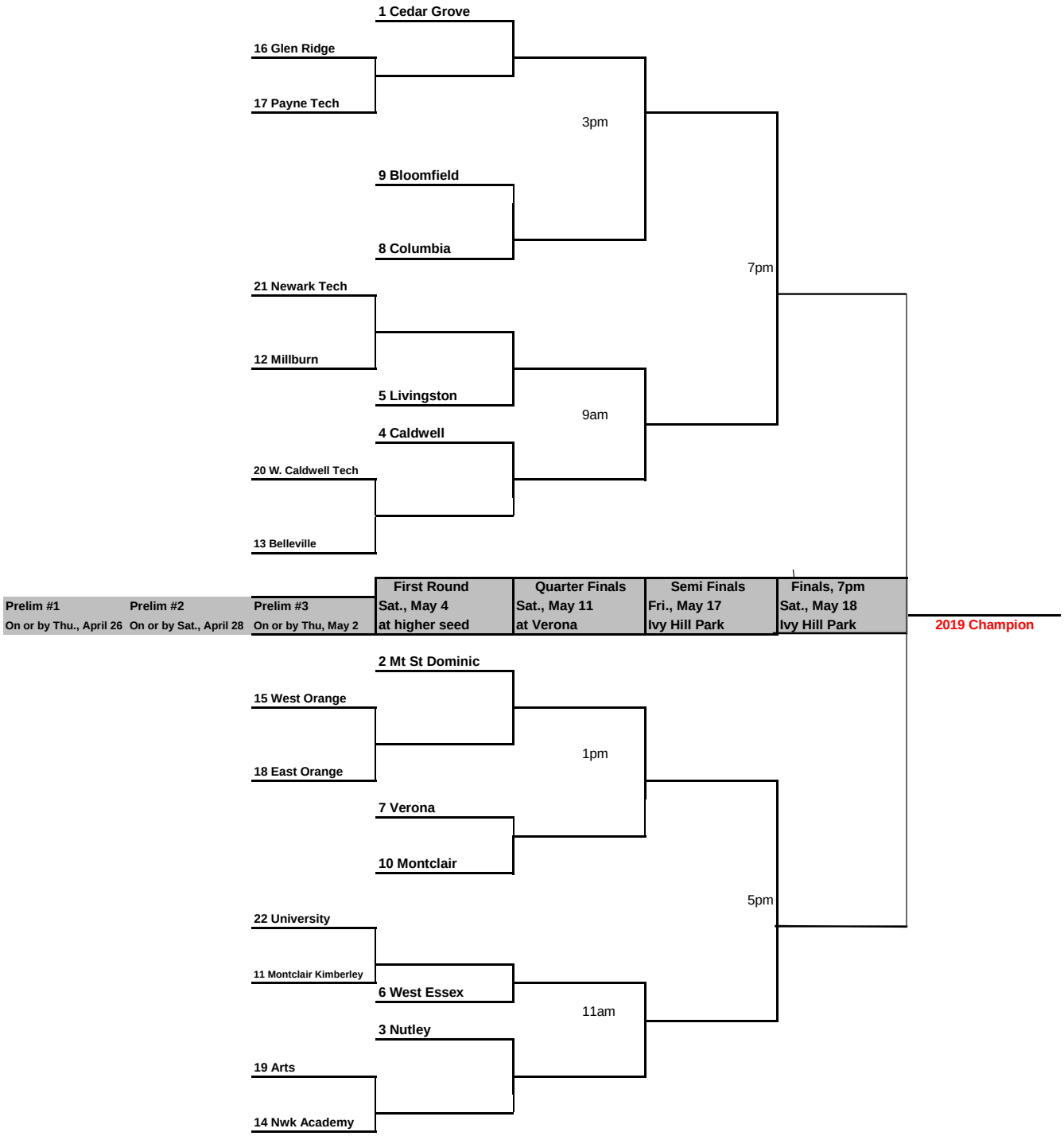2019 Essex County Softball Tournament