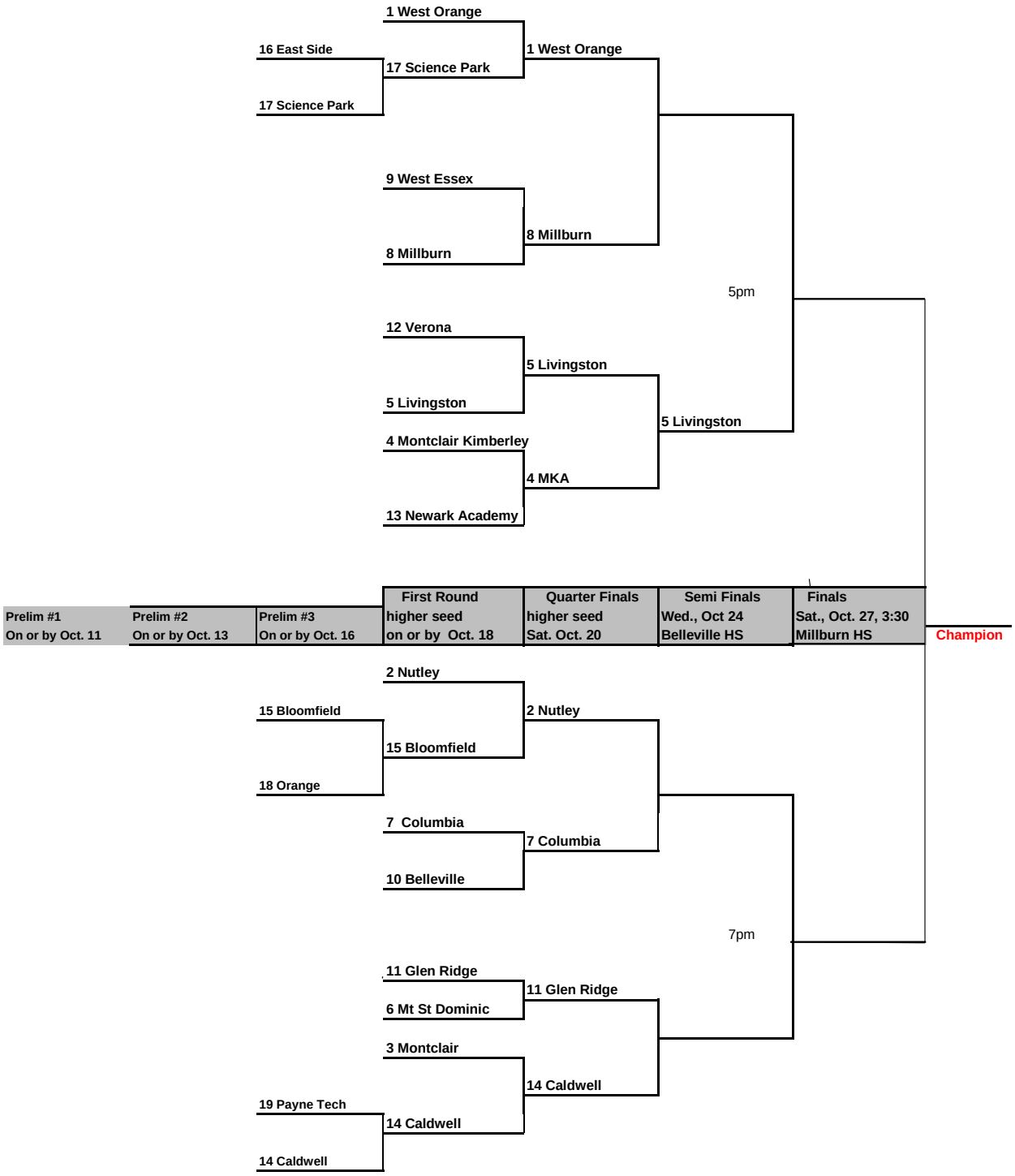2018 Essex County Girls Soccer Tournament