



ALL CONFERENCE SELECTIONS

Sport: Boys Cross Country	Year: 2023
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Division: Liberty

FIRST TEAM:

Name (First Last)	School
1. Henry Pfeifer	West Orange
2. Sahli Negassi	West Orange
3. Ryan Budinick	Nutley
4. Ryan Exume	East Orange Campus
5. Ramon Ordonez	Payne Tech
6. Peter French	Nutley
7. Ciaran Brosnan	West Orange
8. Adom-Haile Selassie	West Orange
9. Luke Cozzi	Nutley
10. Tyler Walker	East Orange Campus

SECOND TEAM:

Name (First Last)	School
1. Matthew Lee	Nutley
2. David Dunlay	Nutley
3. Laurant Ovbiye	Eagle Academy
4. Lyfe Smith	West Orange
5. Andres Acosta	West Orange
6. Al-Triq Hamilton	University
7. William Clay	Nutley
8. Calderon Wilton	Technology
9. Wascar Olivero	Technology
10. Alan Espinoza	Technology

HONORABLE MENTION:

Name (First Last)	School
1. James Cooper	Belleville
2. Justus Tschopp	Belleville
3. Joiner Ilys	Irvington
4. Seon Smith	Irvington
5. Luke Gonzalez	Nutley
6. Alex Valenzuela	Nutley
7. Cooper Harwood	West Orange

8. Kelvin Coley	University
9. Matthew Molesworth	West Essex
10. Nick Lever	West Essex