



## ALL CONFERENCE SELECTIONS

<b>Sport: Boys Cross Country</b>	<b>Year: 2023</b>
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<b>Division: Colonial</b>
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### FIRST TEAM:

Name (First Last)	School
1. Goncalo Carvalho	East Side
2. Denzel Calderon	East Side
3. Shamar Williams	West Side
4. Jesse Schiffman	Golda Och
5. Alex Lefkowitz	Golda Och
6. Kevin Feaster	West Caldwell Tech
7. Favour Owolabi	North Star Academy
8. Jose Hernandez	East Side
9. Kevin Simbaina	Newark Tech
10. Avi Tobin	Golda Och

### SECOND TEAM:

Name (First Last)	School
1. Atizol Wilson	Central
2. Mekhi Manigat	North Star
3. Italo Neves	East Side
4. Jeremiah Kelley	Shabazz
5. Oluwaegun Oladapo	North Star
6. Max Lefkowitz	Golda Och
7. Gabriel Hirsh	Golda Och
8. Tyler Nieves	Newark Tech
9. Andres Javier	Barringer
10. Emanuel Colon	East Side

### HONORABLE MENTION:

Name (First Last)	School
1. Shayne Cytrynbaum	Golda Ocha
2. Daniel Bradley	West Caldwell Tech
3. Shamar Williams	West Side
4. Nahum Augustin	North Star
5. Joshua Williams	Newark Tech