



ALL CONFERENCE SELECTIONS

Sport: Boys Track & Field	Year: 2025
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Division: Independence

FIRST TEAM:

Name (First Last)	School
1. 100m (Jaeden Henry)	Newark Academy
2. 200m (David Adesi)	Weequahic
3. 400m (Jaeden Henry)	Newark Academy
4. 800m (Nathan Kastenmeier)	Glen Ridge
5. 1600m (Arun Damodaran)	Newark Academy
6. 3200m (Korey Mackinson)	Cedar Grove
7. HH (David Adesi)	Weequahic
8. IH (David Adesi)	Weequahic
9. HJ (Felton Campbell)	Weequahic
10. LJ (Kizito Ilori)	Bard High School Early College
11. TJ (Kareem Anthony)	Weequahic
12. PV -----	-----
13. SP (Max Biezen)	Newark Academy
14. Dis (Al-Qudus Kadiri)	Bard High School Early College
15. Jav (Kurt Heyer)	Cedar Grove
17. Open Conor Polen	Newark Academy
19. Relay (Kareem Anthony)	4x400 Weequahic
20. Relay (Jahir Arrington)	4x400 Weequahic
21. Relay (Samad Paige)	4x400 Weequahic
22. Relay (Kyndyl Calder)	4x400 Weequahic

SECOND TEAM:

Name (First Last)	School
1. 100m (Zach Konetzni)	Glen Ridge
2. 200m (Troy Grier)	Weequahic
3. 400m (Zion Mack)	Eagle Academy for Young Men
4. 800m (Pierce Asfalq)	Cedar Grove
5. 1600m (Elijah Waldron)	Eagle Academy for Young Men
6. 3200m (Kyle Piano)	Glen Ridge
7. HH (Zair Mack)	Eagle Academy for Young Men
8. IH (Boaz Pean)	Weequahic
9. HJ (Ja'kem Brown)	Weequahic
10. LJ (Jaeden Henry)	Newark Academy
11. TJ (Troy Grier)	Weequahic

12. PV-----	-----
13. SP (Ben Doumbia)	Bard High School Early College
14. Dis (Massimo Arcadipane)	Cedar Grove
15. Jav (Jude Broderick)	Glen Ridge
16. Relay (Zion Mack)	4x400 Eagle Academy For Young Men
17. Relay (Elijah Waldron)	4x400 Eagle Academy For Young Men
18. Relay (Erlin Turcios-Cruz)	4x400 Eagle Academy For Young Men
19. Relay (Joseph Oluokun)	4x400 Eagle Academy For Young Men

HONORABLE MENTION:

Name (First Last)	School
1. Anderson Quartes	Bard
2. Robert Ness	Glen Ridge
3. Liam Cooney	Glen Ridge
4. Justin Parris	Shabazz
5. David Edokpolor	Shabazz
8. Hudson Ivrato	Cedar Grove
9. Logan Bratchenko	Cedar Grove
10. Wynston Ditchfield-Agboh	Newark Academy
11. Jared Simon	Newark Academy
11. Joseph Oluokun	Eagle Academy
12. Za'ir Mack	Eagle Academy