



ALL CONFERENCE SELECTIONS

Sport: Boys Track	Year: 2023
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Division: Colonial

FIRST TEAM:

Name (First Last)	School
1. 100m Calvin Thomas	MKA
2. 200m Calvin Thomas	MKA
3. 400m Jason Collura	Caldwell
4. 800m Lucas Lattimer	Caldwell
5. 1600m Lucas Lattimer	Caldwell
6. 3200m Aiden Szilagyi	MKA
7. HH Osias Williams	MKA
8. IH Dominic Vandermolen	Caldwell
9. HJ Gavin Polaha	Caldwell
10. LJ Calvin Thomas	MKA
11. TJ Calvin Thomas	MKA
12. PV	
13. SP Kenneth Yu	Caldwell
14. Dis Keaton Ryder	Caldwell
15. Jav Amari Urquhart	MKA
16. All Around Ahmed Kalbouneh	Caldwell
17. Open Nyrahn Hawkins	Newark Tech
18. Open Ian Zalewski	Verona
19. Relay 4x400 Joe Giannetta	Caldwell
20. Relay Matt Soder	
21. Relay Quinton Caravela	
22. Relay Lucas Lattimer	

SECOND TEAM:

Name (First Last)	School
1. 100m Marguems Montana	Central
2. 200m Nayad Walker	Newark Lab
3. 400m Marguems Montana	Central
4. 800m Matthew Soder	Caldwell
5. 1600m Ian Zalewski	Verona
6. 3200m Benjamin Lattimer	Caldwell
7. HH Samuel Akaho	MKA
8. IH Ahmed Kalbouneh	Caldwell
9. HJ Anthony Lewis	Verona
10. LJ Anthony Lewis	Verona
11. TJ Abkes Halsey	MKA

12. PV	
13. SP Keaton Ryder	Caldwell
14. Dis Zakur Newsome	Newark Collegiate Academy
15. Jav Colin Larish	MKA
16. All Around Jordan Pittman	Newark Tech
17. Open Ousmane Diallo	Newark Tech
18. Open Ray Robinson	
19. Relay 4x400 Sean Rivera	Newark Tech
20. Relay Princewill Aka	
21. Relay Ayrahn Hawkins	
22. Relay Ousmane Daillo	

HONORABLE MENTION:

Name (First Last)	School
1. Peyton Livelli	Caldwell
2. Michael Finguerra	Caldwell
3. Sean Rivera	Newark Tech
4. Princewell Aka	Newark Tech
5. Timmy/Temitopoe Ikujuni	Science Park
6. Jonathan Moreira	Science Park
7. Josh Sahadow	Verona
8. Michael Castner	Verona
9. Stephen Hatfield	MKA
10. Tyler Rizzo	MKA