

SUPER ESSEX CONFERENCE ATHLETIC TRAINER SYMPOSIUM

**MONDAY, FEBRUARY 16TH • 9AM-11:30AM
JAMES CALDWELL HIGH SCHOOL
265 WESTVILLE AVE, WEST CALDWELL, NJ 07006**

PRESENTERS & TOPICS

DR. PETER GOLJAN, MD

In-Season Management of Patellar Dislocations

MIKE HEITZMAN, PT, DPT

What is Vision? A Clinical Review for Post-Concussion Recovery, Return to Learn, and Return to Play

DR. JONATHAN LEE, MD

Back Pain in Athletes: Red Flags, Early Degeneration, and Return-to-Play Decisions

MICHAEL HOGAN, PT, DPT

The Impact of Sleep on Athletic Performance and Recovery

EDUCATIONAL OBJECTIVES

- Describe the acute on-field management of a patellar dislocation
- Differentiate between operative and non-operative management of patellar dislocations, including indications for each
- Identify criteria required for safe return to play following patellar dislocation
- Explain the basic functions of the eye and its integration with the vestibular and proprioceptive systems
- Apply functional vision concepts to Return-to-Learn and Return-to-Play decision-making
- Identify at least two prescriptive tasks or clinical pearls to promote recovery from post-concussion visual symptoms
- Recognize red flags and concerning signs of low back pain in athletes
- Apply clinical principles to guide return-to-play decisions for athletes with back pain
- Explain how sleep affects athletic performance, focus, and decision-making
- Describe the role of sleep in recovery, injury prevention, and overall athlete health

**2.5 CEU'S
WILL BE OFFERED TO
CERTIFIED ATHLETIC TRAINERS**

**CLICK HERE
TO REGISTER!
RSVP BY 2/13/26**



Target Audience: Certified Athletic Trainers

Level of Difficulty: Advanced

Schedule and Format: Live In-Person

Fees: No Registration Fee; Seminar is Complimentary

Cancellation Policy: No Cancellation Policy

JAG Physical Therapy is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.



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**JAG ATHLETIC
TRAINING**