



ALL CONFERENCE SELECTIONS

FIRST TEAM:

| Event | Name/School |
|--------------------------|---------------------------------|
| 1. 200 Medley Relay | Ela Habjan, Montclair |
| 2. 200 Medley Relay | Reagan Gilligan, Montclair |
| 3. 200 Medley Relay | Carly Frank, Montclair |
| 4. 200 Medley Relay | Lily Miklaszewski, Montclair |
| 5. 200 Freestyle | Reagan Gilligan, Montclair |
| 6. 200 Individual Medley | Laura Kim, Newark Academy |
| 7. 50 Freestyle | Lily Miklaszewski, Montclair |
| 8. 100 Butterfly | Sophia Liwanag, MSDA |
| 9. 100 Freestyle | Margaret Sawa, Glen Ridge |
| 10. 500 Freestyle | Caroline Murray, James Caldwell |
| 11. 200 Freestyle Relay | Claire Wong, Newark Academy |
| 12. 200 Freestyle Relay | Phoebe Kaplan, Newark Academy |
| 13. 200 Freestyle Relay | Meghan Lai, Newark Academy |
| 14. 200 Freestyle Relay | Laura Kim, Newark Academy |
| 15. 100 Backstroke | Ela Habjan, Montclair |
| 16. 100 Breaststroke | Carly Frank, Montclair |
| 17. 400 Freestyle Relay | Lily Miklaszewski, Montclair |
| 18. 400 Freestyle Relay | Reagan Gilligan, Montclair |
| 19. 400 Freestyle Relay | Carly Frank, Montclair |
| 20. 400 Freestyle Relay | Ela Habjan, Montclair |

SECOND TEAM:

| Event | Name/School |
|--------------------------|----------------------------------|
| 1. 200 Medley Relay | Claire Wong, Newark Academy |
| 2. 200 Medley Relay | Aakriti Caprihan, Newark Academy |
| 3. 200 Medley Relay | Laura Kim, Newark Academy |
| 4. 200 Medley Relay | Phoebe Kaplan, Newark Academy |
| 5. 200 Freestyle | Amanda Rohde, MSDA |
| 6. 200 Individual Medley | Phoebe Kaplan, Newark Academy |
| 7. 50 Freestyle | Caitlin Foug, Montclair |
| 8. 100 Butterfly | Avery Dollard, Montclair |
| 9. 100 Freestyle | Keira Gilligan, Montclair |
| 10. 500 Freestyle | Ella Lepis, James Caldwell |
| 11. 200 Freestyle Relay | Caitlin Foug, Montclair |
| 12. 200 Freestyle Relay | Keira Gilligan, Montclair |
| 13. 200 Freestyle Relay | Madeleine Young, Montclair |
| 14. 200 Freestyle Relay | Avery Dollard, Montclair |
| 15. 100 Backstroke | Claire Wong, Newark Academy |

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| 16. 100 Breaststroke | Amina Jones, Columbia |
| 17. 400 Freestyle Relay | Amanda Rohde, MSDA |
| 18. 400 Freestyle Relay | Riley Kopp, MSDA |
| 19. 400 Freestyle Relay | Caitlyn Tagliareni, MSDA |
| 20. 400 Freestyle Relay | Sophia Liwanag, MSDA |

HONORABLE MENTION:

| Name (First Last) | School |
|--------------------------|------------------|
| 1. Kamaria Graham | Columbia |
| 2. Kailey Ross | Glen Ridge |
| 3. Emma Britt | James Caldwell |
| 4. Katherine Chiparus | Livingston |
| 5. Kayla Shan | Millburn |
| 6. Sarah Miller | Montclair |
| 7. Hannah Ewing | MKA |
| 8. Riley Kopp | MSDA |
| 9. Lauren Siegel | Newark Academy |
| 10. Emily Tapia | Newark East Side |
| 11. Sophie Beaubouef | Verona |
| 12. Annie Enslin | West Essex |
| 13. Kazuri Lateef | West Orange |