



## ALL CONFERENCE SELECTIONS

|                           |
|---------------------------|
| <b>Division:</b> Colonial |
|---------------------------|

### FIRST TEAM:

| Name (First Last)              | School            |
|--------------------------------|-------------------|
| 1. 100m Isiah Udofia           | MKA               |
| 2. 200m Jayden Rodriguez       | North Star        |
| 3. 400m Jason Collura          | Caldwell          |
| 4. 800m Lucas Lattimer         | Caldwell          |
| 5. 1600m Ian Zalewski          | Verona            |
| 6. 3200m Ian Zalewski          | Verona            |
| 7. HH Jayden Rodriguez         | North Star        |
| 8. IH Matthew Casale           | Caldwell          |
| 9. HJ Osaruese Osagie          | Science Park      |
| 10. LJ Osaruese Osagie         | Science Park      |
| 11. TJ Isiah Udofia            | MKA               |
| 12. PV Alec Hamson             | Verona            |
| 13. SP Joseph Mitchell         | Newark Collegiate |
| 14. Dis Joseph Mitchell        | Newark Collegiate |
| 15. Jav Noel Lott              | Newark Collegiate |
| 16. All Around Connor Robinson | Verona            |
| 17. Open William Green         | Caldwell          |
| 18. Open                       |                   |
| 19. Relay 4x400 Matthew Casale | Caldwell          |
| 20. Relay Jason Collura        |                   |
| 21. Relay Lucas Lettimer       |                   |
| 22. Relay Jeyden Vizcaino      |                   |

### SECOND TEAM:

| Name (First Last)       | School       |
|-------------------------|--------------|
| 1. 100m Calvin Thomas   | MKA          |
| 2. 200m Imanuel Udofia  | MKA          |
| 3. 400m Jeyden Vizcaino | Caldwell     |
| 4. 800m John Chacon     | Science Park |
| 5. 1600m Stephen Akosah | Science Park |
| 6. 3200m John Chacon    | Science Park |
| 7. HH Osias Williams    | MKA          |
| 8. IH Alec Hamson       | Verona       |
| 9. HJ Jaylen Smith      | Science Park |
| 10. LJ Henry Kasunmu    | Science Park |
| 11. TJ Calvin Thomas    | MKA          |
| 12. PV Osaruese Osagie  | Science Park |
| 13. SP Kenneth Yu       | Caldwell     |

All Conference Boys Track Selections (Revised December 2, 2014, January 6, 2015 & March 11, 2022)

|                                |              |
|--------------------------------|--------------|
| 14. Dis Peyton Livelli         | Caldwell     |
| 15. Jav Henry Kasunmu          | Science Park |
| 16. All Around                 |              |
| 17. Open                       |              |
| 18. Open                       |              |
| 19. Relay 4x400 Stephen Akosah | Science Park |
| 20. Relay John Chacon          |              |
| 21. Relay Prince Owusu         |              |
| 22. Relay Gihan Montgomery     |              |

**HONORABLE MENTION:**

| Name (First Last) | School      |
|-------------------|-------------|
| 1. Noah Hayden    | Verona      |
| 2. Nyrahn Hawkins | Newark Tech |
| 3. Manny Udofia   | MKA         |
| 4. Aidan Padover  | Caldwell    |