

# 2018 ESSEX COUNTY / SUPER ESSEX CONFERENCE SWIMMING CHAMPIONSHIPS

**DATE:** Monday, January 15, 2018

**SITE:** Raritan Bay YMCA, Perth Amboy, NJ - 25 Yard Pool

**TIME:** 8:30 am warm-up  
8:45 am Coaches Meeting  
9:30 pm Meet Start

**MEET DIRECTOR:** Joe Alexander, Seton Hall Prep  
Phone: **973-325-7737 ext. 5000** Fax: 973-731-3920  
E-Mail: [thesixalexanders@aol.com](mailto:thesixalexanders@aol.com) or [jalexander@shp.org](mailto:jalexander@shp.org)

**SEC LIAISONS:** Girls – Lorenzo Sozio, MSDA. 201-602-3568  
Boys – Larry Baggitt, Seton Hall Prep. 973-325-6639

**MEET DESCRIPTION:** Events will be contested in the following order:

- |                                |                               |
|--------------------------------|-------------------------------|
| 1. GIRLS 200 MEDLEY RELAY      | 2. BOYS 200 MEDLEY RELAY      |
| 3. GIRLS 200 FREESTYLE         | 4. BOYS 200 FREESTYLE         |
| 5. GIRLS 200 INDIVIDUAL MEDLEY | 6. BOYS 200 INDIVIDUAL MEDLEY |
| 7. GIRLS 50 FREESTYLE          | 8. BOYS 50 FREESTYLE          |

15 minute break

- |                               |                              |
|-------------------------------|------------------------------|
| 9. GIRLS 100 BUTTERFLY        | 10. BOYS 100 BUTTERFLY       |
| 11. GIRLS 100 FREESTYLE       | 12. BOYS 100 FREESTYLE       |
| 13. GIRLS 500 FREESTYLE       | 14. BOYS 500 FREESTYLE       |
| 15. GIRLS 200 FREESTYLE RELAY | 16. BOYS 200 FREESTYLE RELAY |
| 17. GIRLS 100 BACKSTROKE      | 18. BOYS 100 BACKSTROKE      |
| 19. GIRLS 100 BREASTSTROKE    | 20. BOYS 100 BREASTSTROKE    |
| 21. GIRLS 400 FREESTYLE RELAY | 22. BOYS 400 FREESTYLE RELAY |

Heats will be swum as timed finals.

The meet is essentially “two meets in one”, and separate scoring will be kept for the Essex County Championships and for the Super Essex Conference Championships in both the boys and the girls divisions. In each case, 12 places will be scored for the team championships. Scoring will be as follows:

INDIVIDUAL EVENTS: 16-13-12-11-10-9-7-5-4-3-2-1

RELAY EVENTS: 32-26-24-22-20-18-14-10-8-6-4-2

Swimmers will also compete for individual and relay medals for both the Essex County Meet and the Super Essex Meet.

Swimmers from teams that are not eligible for the team championship will not earn points, but they will be eligible for individual medals. Their place will be “skipped” when compiling team points.

**QUALIFICATION AND ENTRIES:** All Schools must enter the tournament through the Super Essex Conference Website, <http://sec.powermediallc.org>. This is for registration and invoicing purposes; swimmers times are not entered via the website. Please complete all necessary information that you find there by noon on **Monday, January 8, 2018**. The ECADA password for this years is required.

Only schools with recognized NJSIAA swim teams will be able to compete for the girls or boys team championship. Such schools are required to submit entries by exporting them via e-mail using Hy-Tek Team Manager software. **Schools using Team Manager should remember to delete entries from previous years and “grade-up” their swimmers.** Schools who do not own a copy of Team Manager may use the free “Lite” edition found on the HY-TEK website (<http://www.hy-tek.com/downloads.html>) These should be e-mailed to [thesixalexanders@aol.com](mailto:thesixalexanders@aol.com). If you are not familiar with this program, please contact Joe Alexander for assistance.

Schools entering individuals but not competing for the team title may also use Hy-Tek, or can simply type swimmers events, names and times in an e-mail to [thesixalexanders@aol.com](mailto:thesixalexanders@aol.com) or [jalexander@shp.org](mailto:jalexander@shp.org).

**Entries must be received by Meet Director Joe Alexander by 12 noon on Saturday, January 6, 2018. All seeding will be done by computer. Psych Sheets will be posted by Sunday evening, January 7, on the meet website, <https://sites.google.com/site/sececcswimmingchampionships/>. Coaches may not change entries once the psych sheets are posted. If the Meet Director makes an error, it can be corrected; if a coach makes an error, the entry will stand. Challenges to entry times should be received by the Meet Director by Noon on Tuesday, January 9.**

If a school does not have a swim coach, a school may substitute a designated representative whose name is indicated on the entry form and is required to attend the meet. Coaches/Representatives should include with their entries a phone number and/or e-mail address where they can be reached **on Saturday, January 6** in the event of a problem with entries.

In order to swim in the meet, a swimmer's name must be in the HY-TEK Roster List. Relay Names must be submitted with the entry, but relay swimmers may be changed on the day of the meet.

In order to swim in the meet, a swimmer must have swum in 50% of conference dual meets for which he/she is eligible prior to the championship meet. An athlete with a medical excuse may have his/her case reviewed by the Meet Director.

Late entries will be handled in accordance with normal SEC and ECADA procedures.

Any scratch at the coaches meeting on the day of the meet is still regarded as an entry and is the equivalent of a declared false start. National federation rules and seeding procedures are followed.

Each school shall be permitted a maximum of 4 entries in an individual event and 1 team in a relay event. A competitor shall be permitted to enter a maximum of 4 events, no more than 2 of which may be individual events.

All entry times are to be yard times. Meter times should be converted using the approved conversion factors. Coaches must be prepared to certify the time of any entrant at the seeding meeting. Relay entry times which are a compilation of the four intended swimmers' best splits of the season are permitted. The meet director reserves the right to disqualify any entry or any school that cannot certify their entry times.

*Coaches have the responsibility to submit a correct entry. The meet director shall review all entries; if an error is discovered before Psych Sheets are published, the meet director will contact the coach to make a correction. However, if the error is not discovered until after the psych sheets are posted, the meet director shall proceed as follows:*

*1.) If a coach enters a swimmer in too many individual events, the meet director shall remove the swimmer from the latest event in the sequence (example - swimmer is entered in the 50 free, 100 free and 100 back; meet director shall remove the swimmer from the 100 back as this is the event that would be third, thus illegal). If the error is noted after the meet, the swimmer will be disqualified from the extra events and scoring adjusted accordingly.*

*2.) If a coach enters too many swimmers in an event, the meet director shall remove the slowest seeded of the swimmers until the limit is reached. (Example - a team enters 6 competitors in the 100 breaststroke; the meet director removes the 5th and 6th seeded of these swimmers from the event.) If the error is noted after the meet, the swimmer will be disqualified from the extra events and scoring adjusted accordingly.*

*3.) After the publication of psych sheets, an illegal entry counts as an entry toward a swimmer's total event if the swimmer is removed or disqualified by the meet director.*

*4.) If a coach enters a swimmer in too many combined events, the swimmer is disqualified from any event which places him/her over the limit. If such an event is a relay event, the relay on which the swimmer swam as an illegal entrant is disqualified.*

*5.) Results become official 48 hours after the completion of the meet. If an error is not discovered by that point, the results stand.*

## **CUTOFF TIMES**

There are no cutoff times for relay events. Cutoff times for individual events are based on the 30<sup>th</sup> place finish from the previous year's meet, with minor adjustments for appropriate balance. The cutoff times for 2018 are:

<b>Event</b>	<b>Girls</b>	<b>Boys</b>
200 Freestyle	2:29.71	<b>2:15.71</b>
200 IM	2:50.46	2:46.59
50 Freestyle	28.99	26.15
100 Butterfly	1:22.20	<b>1:13.32</b>
100 Freestyle	<b>1:04.10</b>	<b>58.50</b>
500 Freestyle	6:43.48	6:51.86
100 Backstroke	1:14.95	<b>1:14.19</b>
100 Breaststroke	1:25.82	1:21.44

**ECADA ENTRY FEE SCHEDULE:** For schools competing on an interscholastic basis:

Girls Team - **\$200**; Boys Team - **\$200**

For schools not competing on an interscholastic basis:

**\$40** Per Individual Entered, Capped At **\$200** In Each Division. (Sample - A School That Enters 8 Girls And 3 Boys Would Be Capped At **\$200** In The Girls Division, And Would Pay **\$120** In The Boys Division.)

All entry fee checks should be made payable to the Super Essex Conference and must be mailed to ECADA treasurer Bruce Essing.

**SPECIAL MEET RULES:** There will be two warm-up sessions. These will be assigned once entries are received.

Swimmers will "camp" in the gymnasium. Instructions for marshalling and access to the pool will be discussed on meet day. Coaches are responsible for the conduct of their team and students. No food is allowed in the pool area. Instruct your team to keep the entire pool area and stands clean.

**AWARDS:** Trophies will be awarded to the top three teams in each division. Medals will be awarded to the top six place finishers in individual events and the top three place finishers in each relay event. Separate medals and awards will be presented for the County Results and the Conference Results.

The Cullen Jones Award for the Most Valuable Swimmer in both the girls and boys divisions will continue as an Essex County Meet Award.

**USA SWIMMING TIMES RECOGNITION:** The meet will be observed by USA Swimming Officials. **Schools should submit the USA-S ID # in the HY-TEK entry if they wish that their times be included in the USA Swimming SWIMS database. THESE MUST BE WITH THE ENTRY AND WILL NOT BE COLLECTED ON MEET DAY.**

**SPECTATORS:** Spectators are not allowed on the pool deck, and must remain in the seating area upstairs. Seating is only permitted in the chairs; no one can sit on the stairs. There are no coolers permitted in the seating area. Spectators may not stand in the seating area nor may they lean on the glass in front of the seats.

**PARKING:** The Raritan Bay YMCA has a parking lot where those attending the meet may park. Meet goers must not park in the small lot reserved for employees. If the main lot becomes full, meet goers may park in the nearby town parking garage, which is relatively inexpensive. Buses may not park at the YMCA lot; buses must drop off swimmers and return to pick them up at the end of the meet.

**Directions to Raritan Bay YMCA from Points North:**

Address: 357 New Brunswick Avenue, Perth Amboy NJ

Take Garden State Parkway South to exit 129. Keep right, follow signs for U.S. 9/New Jersey 440/Interstate 287/Woodbridge/Perth Amboy. Keep left at the fork to continue toward New Brunswick Ave. Keep left at the fork, follow signs for US-9 S/NJ-440 S/I-287/The Amboys. Keep right at the fork, follow signs for NJ-440 E/New Brunswick Ave/Perth Amboy. Turn left onto New Brunswick Ave. Follow for about 1.5 miles. The Raritan Bay YMCA will be on your right at the 4<sup>th</sup> light.